

MANDALS-RUNDA

Start: Shell-Ekspress-petrolstation Mandal Brugata 3b. Open **Kl.06:30 til 23:00** weekdays and 08:30 til 23:00 Sunday. Her is Startkard and her you wrote your name in green startprotocoll before trip. You will find 2-4 controls. **You write these on your start card as well as your name – adress. The walk is recommended with daylight as part of it goes through a wood. The 6km track is available for prams / wheelchairs as it is mainly lighted.**



Leave to left, to centrum, cross the bridge and turn left along river and follow Mandals-river to right. After about 350m. passing bakery and possibility to cater. After fish-marked passing turn left into **"Kastellgt"**. (900m.) Continue the road straight on, cross P-area at "Mandal Tilbudssenter" and left pass "Elektrosenteret" in road "Frithjof Nansensvei". Continue to **"Piren"**, Mandal river's ending with **"Sjøsanden"** beach, (1,5km). Follow the road to right with beach and after "Sjøstjerna kro" turn right, passing port to "Sjøsanden Kamping/Feriesenter".

Take to left to **"Risøbank"**. With Risøbank building in left side, turn to right. **(SK.1)** Continue and cross asphalt road, (3,470km) and follow light-trail until small little park, (Lysthuset) in left side. (4,2km)

Trial splitt:

	6 Km continue to P-area. Turn right into Kallhammerveien and continue straight on swimming pool. Turn right and left again and walk through a small park. You turn right and you will have stonewall on your left (SK.2) and school on right side. 1. road to left and continue, walk-road and to left when you are back to the river and over bridge to Shell-Ekspress. 6,0km.

10 Km follow lighted-trail swinging left through the park and walk straight ahead to the first path crossing. Turn right to asphalt road (10m) and turn left into (Kallhammeren) Follow the road to ending and to right into "Olav Isaachsensgate". Follow this road and walk to left into **"Parkvesenet"** (5km) and follow this road **(SK.2)** passing football area and to left before clubhouse of "Mandals Kammeratene". With "Båtservice Holdning" left side passing, walk to left in "Laurits Nilsensgate" and turn left in "Buråsveien". Follow sidewalk to bridge. (Skjebstadbridge over **Smalsund**, (6,070 km)) Just before bridge turn right, cross the road and follow a small path between lake and houses. Follow this path to ski-jump **"Budokka"**, (6,97km).

Continue out end of ski-jump, follow path until Budokka swimming-arena. (WC on right side), Walk up hill and turn right and then left at "Mandal Bilrekvisita". 10m. before road bridge cross E-39, turn right and crossing the road, inn footpath **(SK.3)**. (7,610km). Next footpath to left sign "Frøysland". Continue and cross road, follow new footpath to **"Solhøgda."** **(SK.4)** Just after "Solhøgdav." nr.37, (8,550km) turn right and up a small stairs and walk down **"Ramsdalstien"**.

Down with road again turn right follow the road and passing Norway's biggest woodkirch. Continue with kirchwall until P-area for kirch, (9,015km). Turn left and straight down, cross road and up **"Nordgata"** to end, cross over road "Brobakken" and down **"Amaldus Nilsensgt."** With ending cross over main street and cross city bridge. You can also walk down, under the bridge up to "Amfi-senteret" Her in with "BergHansen Ferie" Her you can stamp your IVV-cards during day-time.

Over bridge you can see finish, **Shell Ekspress**, (9,615km).

We hope you have a nice trip! Welcome back!
Greatest from **Mandal MarsjForening**, Postboks 287, N-4503 Mandal

You can walk 1-5 trip on this card before you stamp.

REMEMBER: Write DATE and start nr !

Your startnr in start-protokoll:	Your startnr in start-protokoll:	Your startnr in start-protokoll:	Your startnr in start-protokoll:	Your startnr in start-protokoll:
DATE: _/_-_-	DATE: _/_-_-	DATE: _/_-_-	DATE: _/_-_-	DATE: _/_-_-
Write code:	Write code:	Write code:	Write code:	Write code:
1.....	1.....	1.....	1.....	1.....
2.....	2.....	2.....	2.....	2.....
3.....	3.....	3.....	3.....	3.....
4.....	4.....	4.....	4.....	4.....
finish kl__:_	finish kl__:_	finish kl__:_	finish kl__:_	finish kl__:_
____Km	____Km	____Km	____Km	____Km
walk for	walk for	walk for	walk for	walk for
____.trip	____.Gang	____.Gang	____.Gang	____.Gang

IVV-stempling:
 After walking, you can stamp IVV-card on:
Aurebekksveien 20, N-4516 Mandal. (24t)
 Tourist can also call: Rune Stausland 38 26 04 95 Mob. 97750799

Write! Remember DATE and STARTnr. !

Name:.....

Adresse:.....

City.nr..... **City:**.....

Country

Price from year 2012
N.Kr **20,-** (2,5Euro) pr.trip
Premie kan pay without for
1,2,3,4,5,10,15,20,25,
30,40,50,75,100 trip
Paid with IVV-stempling

D / -

Premie kjøpt

Welcome back to a new tripp!

MANDALS-RUNDA

6/10km town.
**Walk in
Mandal**



Startkard & Track description

SHELL EKSPRESS

Brugt.3b
Mandal

Hotell / Camping in Mandal:

Kjøbmannsgården	38261276
Mones Feriesenter	38264900
Sandes Naturcamp	38265151
Sjøsanden Feriesenter	38261094
Sjøsanden Ferietun	38266037
Tregde Feriesenter	38268800
Hytte – Skeie	38267420
Hytte/Leilighet - Vetnes	38268293/ 99242255

Will you test **PV11, Mandals-Syklinga** ???
12,5 eller 25km
another IVV-PV stempel!

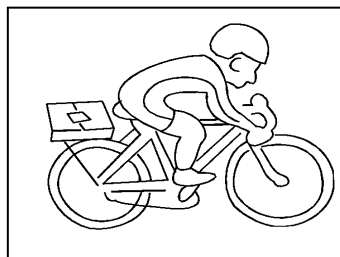
Startcard widt **Shell Ekspres!**

Another Walking ? :

<http://vandrevenner.com>

and

<http://turmarsjforbundet.no>



Member nr. 13 of
Norges TurmarsjForbund – and
Det Internasjonale FolkesportForbund - IVV

